

NOVEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31 Strength and Conditioning Boys and girls	1 Strength and Conditioning Boys and girls	2
3	4 <u>Girls</u> 4:30-6:30 pm <u>Boys</u> 6:30-8:00 pm	5 <u>Boys</u> 4:00-6:00 pm <u>Girls</u> 6:00-8:00 pm	6	7 <u>Girls</u> 4:30-6:30 pm <u>Boys</u> 6:30-8:00 pm	8 No girls' practice <u>Boys</u> 4:30-6:30 pm	9
10	11 <u>Veterans Day</u> Academy/Office Closed Open Gym	12 <u>Boys</u> 4:00-6:00 pm <u>Girls</u> 6:00-8:00 pm	13	14 <u>Girls</u> 4:30-6:30 pm <u>Boys</u> 6:30-8:00 pm	15 <u>Girls</u> 4:30-6:30 pm <u>Boys</u> 6:30-8:00 pm	16
17	18 <u>Girls</u> 4:30-6:30 pm <u>Boys</u> 6:30-8:00 pm	19 <u>Boys</u> 4:00-6:00 pm <u>Girls</u> Game @FBA 5-Middle School	20	21 <u>Boys</u> 6:30-8:00 pm <u>Girls</u> Game @Sunnybrook 4:30-Varsity	22 No boys practice <u>Girls</u> Game @ Home 6:00 pm-Middle School	23
24	25	26	27	28	29	30
<i>Thanksgiving Break **** No Practices Nov. 25-29</i>						